

What is a retinal examination?

A retinal exam provides **the most comprehensive evaluation of the health of your eyes and is strongly recommended by our doctors for all patients yearly.** It allows the doctor to thoroughly evaluate the interior tissue of the eye (the retina) and the optic nerve. By doing this there is a much better chance of detecting, and preventing, eye diseases that could lead to vision loss or blindness. Many of these diseases have no early symptoms and may not be detected without the retinal examination.

The retinal examination can be accomplished in two ways. Dilating the pupils with a mild medical eye drop or with the new Retinal Optomap®. The Optomap® is painless and requires no drops and does not affect your vision. It also produces an image of your retina which will be kept on file for comparison at subsequent visits. If you choose dilating drops the side effects will include sensitivity to light, blurred reading and occasionally blurred distance vision depending on your prescription. These side effects will last for approximately 2-4 hours depending on the color of your eyes and the strength of the eye drop. AZ Eye Health provides complimentary sun protection with a dilated exam.

The dilated retinal examination is generally covered by most vision insurances. The Optomap® is not covered by insurance and has a charge of **\$40.**

- I elect to have the Optomap retinal exam.
- I elect to have the dilated retinal exam and understand the side effects.
- I do not wish to have a retinal examination today but do understand it's importance

What is a visual field examination?

A visual field examination is also a very important test used by our doctors. It is used to measure the extent of your peripheral vision. This is very important and can aid in the early detection of glaucoma and other eye diseases. Certain neurological diseases and disorders may also be detected by visual field testing. Persistent headaches can be an early symptom of a neurological disorder. At AZ Eye Health we have state of the art equipment used for this procedure allowing our doctors to provide our patients with the highest quality care.

I understand that some insurance companies do not cover this procedure and I may be responsible for the additional fee of **\$20.**

- I elect to have the visual field testing Yes
 No

Signature Date

Printed Name

If both the Retinal Optomap® and Visual Field testing are elected the charge will be \$50.